

For a full listing of his training and qualifications, please read below.

### **Dr. Anhorn's ND Qualifications**

#### **Education:**

Doctor of Naturopathic Medicine, Boucher Institute of Naturopathic Medicine (BINM). 2008-2012.

Bachelor of Science with distinction in Cellular & Molecular Biology, University of Victoria. 2002-2007.

### **Current Professional Memberships**

New Brunswick Association of Naturopathic Doctors (NBAND)

Canadian Association of Naturopathic Doctors (CAND)

Chinese Medicine and Acupuncture Association of Canada (CMAAC)

Oncology Association of Naturopathic Physicians (OncANP)

International Lyme and Associated Diseases Society (ILADS)

"Fellow status" at the American Academy of Ozonotherapy

NABNE (the North American Board of Naturopathic Examiners) Board Certification: Acupuncture.

## Pain Management and Injection Therapy Postgraduate Training:

Neural Prolotherapy by Dr. John Lyftogt & Dr. Jeff Harris, ND. Seattle, Washington. 2013.

Neural Therapy: Basic & Advanced Level by Dr. Jeff Harris, ND. Halifax, NS. 2014.

Prolozone Injections: Basic & Advanced by Dr. Frank Shallenberger, MD. Reno, Nevada. 2015.

Prolotherapy and Regenerative Injection Techniques - Level 1. by Dr. Kevin Davison, Maui Regenerative Medicine Clinic. 2016.

Prolotherapy -Advanced Injections Therapy Course (Major Joints and Midline) by Dr.Richard Hull, DO. Halifax. 2018.

Perineural Injection Therapy by Dr. Bryan Rade, ND. Halifax. 2018.

Biopuncture and Mesotherapy by Dr. Anouk Chaumont, ND. Halifax, NS. 2013.

New Approaches to Pain Management - Special Series by Dr. Brenden Cochran, ND. Virtual. 2015.

Preventing Chronic Pain: A Human Systems Approach. University of Minnesota. Virtual. 2014.

Applied Kinesiology by Dr. Jayson Grossman, DC. Vancouver, BC. 2010.

Prolotherapy and Plasma Rich Prolotherapy Injections by American Academy of Musculoskeletal Medicine. Denver, Colorado. Virtual. 2016.

Prolotherapy 101: Lower Extremity: Hip, Knee, Ankle and Foot by Integrative Regenerative Medicine Academy & Dr. Tyna Moore, ND, DC. Virtual. 2018.

# **Detoxification/Chelation/Environmental Medicine Postgraduate Training:**



Clinical Chelation - Heavy Metal Toxicology: IV EDTA, IV DMPS, oral DMSA by Dr. Paul Anderson & Dr. Virginia Osbourne. Seattle, Washington. 2013.

IV CheZone (IV Ozone + IV Chelation) by Dr. Frank Shallenberger, MD. Reno, Nevada. 2015.

Comprehensive Heavy Metal Detoxification / Chelation Therapy by American College for Advancement in Medicine (ACAM). Virtual. 2017.

Environmental Medicine Training for Health Professionals by Dr. Walter Crinnion. Toronto. 2013, 2015, 2017.

LDA (Low Dose Allergen): The Basics, Including Treatment of Autoimmunity with Bacterial and Autologous Antigens by Dr. W.A. Shrader, MD. Toronto. 2018.

Environmental Medicine Mentorship Program by Progressive Medical Education. Virtual. 2015.

Environmental Medicine: An Integrative Approach. Dr. Andrew Weil, University of Arizona, Arizona Center for Integrative Medicine. Virtual. 2014.

Chemicals & Health. John Hopkins University. Virtual. 2014.

Biotherapeutic Drainage. Dr. Dickson Thom. Virtual. 2012.

Environmental Medicine Health Fusion: Canadian Association of Naturopathic Doctors. Virtual. 2011.

## **Intravenous Nutrient Therapy Postgraduate Trainings:**

Intravenous (IV) Nutrient Therapy. Vancouver, BC. 2012.

Advanced IV Nutrient Therapy by Dr. Paul Anderson & Dr. Virginia Osbourne. Portland, Oregon. 2013.

IV Ozone Therapy by Dr. Frank Shallenberger. Reno, Nevada. 2015.

Ozone Therapy Certification by Dr. Bryan Rade, ND. Halifax. 2018.

IV Therapy for Common Complaints by Dr. Tara Gignac. Toronto. Virtual. 2013.

IV Prescriptions Requiring Special Handling by Dr. Paul Anderson. Virtual. 2014.

Riordan Intravenous Vitamin C (IVC) Academy and IVC Symposium. Kansas. Virtual. 2014

Intravenous Vitamin C - Integrative Therapies Conference, University of Kansas and Dr. Jeanne Drisko. Virtual. 2016.

IV Therapies in Integrative Oncology Webinar by Dr. Paul Anderson. 2014.

Clinical Applications and Advanced Topics of IV Nutrient Therapies in Oncology, by International IV Nutritional Therapy for Professionals (IIVNTP). Newport Beach, California. 2016.

Unique Parenteral Products: Use and Assessment by Intravenous Infusion Therapy Advances Series & Dr. Paul Anderson. Virtual. 2015.

## Other Postgraduate Continuing Education Training/Conferences:

Lyme Disease Fundamental Course for Medical Professionals by the International Lyme & Associated Diseases Society (ILADS). Banff, Alberta. 2015.

Healing Lyme and Coinfections Practitioner Training Intensive with Clinical Herbalist Julie McIntyre. Halifax, Nova Scotia. 2018.

SIBO Pro Course (22+ hours). Dr. Allison Siebecker, ND. 2022 (in progress).



Are You Missing Mold Illness in Your Patients? (Practitioner course). Dr. Jill Crista, ND. 2022 (in progress).

Advanced Clinical Naturopathic Oncology by Dr. Neil McKinney, ND. Victoria, BC. 2014.

Naturopathic Oncology by Cancer Treatment Centers of America. Philadelphia. 2014. Integrative Oncology in Practice, by Integrative Therapies Institute. Boston. 2017. Riordan Intravenous Vitamin C (IVC) Academy and IVC Symposium. Kansas. Virtual. 2014

Clinical Applications and Advanced Topics of IV Nutrient Therapies in Oncology. International IV Nutritional Therapy for Professionals (IIVNTP). Newport Beach, California. 2016.

Intravenous Vitamin C - Integrative Therapies Conference, University of Kansas. Virtual. 2016.

IV Therapies in Integrative Oncology Webinar by Dr. Paul Anderson. 2014. Introduction to Clinical Oncology. MD Anderson Cancer Centre, University of Texas. Virtual. 2014.

Cancer Survivorship: A Distinct Phase of Cancer Care. Harvard University, School of Medicine. Virtual. 2013.

Cancer Survivorship: Optimizing Care & Outcomes. Harvard University School of Medicine & Dana-Farber Cancer Institute. 2014.

Cancer Survivorship. MD Anderson Cancer Centre, University of Texas. Virtual. 2014. Cancer Survivorship in Clinical Practice Symposium. American Association of Naturopathic Physicians (AANP) & OncANP. Virtual. 2014.

Breast Cancer in Clinical Practice Symposium. AANP & OncANP. Virtual. 2013. Breast Cancer for Primary Care Physicians. Harvard University, School of Medicine. Virtual. 2014.

Oncogenomics: How Genomics Feed into Oncology from a Therapeutic Perspective. Dr. Paul Anderson. Virtual. 2016.

Mistletoe Therapy with Helixor/Viscosan by Pascoe. Virtual. 2014.

Mistletoe Training with Iscador and Helixor by Dr. Neil McKinney. Virtual. 2014.

Practical Administration of Mistletoe by Helixor Integrative Oncology, Germany. Virtual. 2015.

Cancer Free Boot Camp Program Training. Dr. Jeoff Drobot & Dr. Dickson Thom. Virtual. 2013.

Naturopathic Approaches to Oncology. Boucher Institute of Naturopathic Medicine Symposium. 2011.

Low Dose Naltrexone (LDN) in Cancer Care, Pain, and Beyond Conference. Virtual. 2014.

Oncology Association of Naturopathic Physicians Annual Conference (OncANP). Virtual. 2012, 2013, 2014, 2015, 2016, 2017.

Genomic Medicine Series by Dr. Paul Anderson. Virtual. 2014.

Genomic & Precision Medicine. University of California, San Francisco. Virtual. 2014. Methylation and Nutrigenomic Approach to Cancer by Dr. Ben Lynch. Philadelphia. 2015.



Functional Medicine: A Systems Approach to Reversing the Epidemic of Chronic Disease. Institute of Functional Medicine. Virtual. 2015.

Low-Dose Immunotherapy Mentorship Series. Dr. Ty Vincent, MD. Virtual. 2015.

Diabetes: Diagnosis, Treatment, & Opportunities. University of California, San Francisco. Virtual. 2013.

Major Depression in the Population: A Public Health Approach. John Hopkins University. Virtual. 2014.

Care of Elders with Alzheimer's Disease & other Major Neurocognitive Disorders. John Hopkins University. Virtual. 2013.

Living with Dementia: Impact on Individuals, Caregivers, Communities & Societies. John Hopkins University. Virtual. 2013.

Child Nutrition & Cooking. Stanford University. Virtual. 2014.

Gastroenterology & Digestion Conference. National College of Natural Medicine. Virtual. 2014

Exploring your Microbiome. University of Colorado Boulder. Virtual. 2014.

Bacteria & Chronic Infections. University of Copenhagen. Virtual. 2015.

Antimicrobial Stewardship: Optimization of Antibiotic Practices. Stanford University. Virtual. 2013.

Future of Nutrition Conference. 2014; Functional Health Summit - 2014; Detox Summit - 2014; Diabetes Summit - 2015; Thyroid Summit - 2014; Gluten-Free Summit - 2013; Hay House World Summit - 2013, 2014, 2015.

Nova Scotia Association of Naturopathic Doctors Conference - 2012

North West Naturopathic Physicians Conference - 2011, 2012

British Columbia Association of Naturopathic Physicians Conference - 2010, 2011, 2012 Ontario Association of Naturopathic Doctor Conference - 2019

Neurological Health: Boucher Institute of Naturopathic Medicine Symposium - 2012 International Vitamin D Conference - 2011

Restorative Medicine Conference: Association for the Advancement of Restorative Medicine - 2011

Mentorship with Dr. Laura Louie at the Mae-On Hospital in Thailand - 2008.

Advanced Injections and Intravenous Emergency First Aid. Halifax. 2018.

Advanced Cardiac Life Support (ACLS) - Heart & Stroke Foundation of Canada. 2014.

Basic Life Support (BLS) - Heart & Stroke Foundation of Canada. 2014.

### **Awards:**

Health Promotion International Award (UVic - Magdeburg, Germany) - 2007 UVic Science Undergraduate Research Award - 2006 President's Scholarship of Academic Achievement (UVic top 3%) - 2006, 2005

### **Speaking Engagements:**

"Naturopathic and Integrative Approach to Lyme Disease." Greater Moncton Lyme Disease Support Group at Community room at Sobey's in Riverview. May 17, 2017 - 6:30PM.



"Integrative Cancer Care: How Naturopathic Medicine can be Integrated to Support Health." Moncton Wellness Expo. October 23, 2016.

"Naturopathic Approach to Mental Health & Wellness." Riverview High School Mental Wellness Advocacy, Riverview Arts Centre. January 20, 2016.

"Naturopathic Approach to Inflammatory Bowel Disease." Crohn's & Colitis Foundation of Canada and Moncton Hospital. April 29, 2015.

"Naturopathic Medicine - Getting to the Root Cause of your Health" - @ Moncton RCMP. March 25, 2015.

"Naturopathic Medicine - An Unique Approach to Health & Hormones" - @ City of Moncton. March 18, 2015.

"Naturopathic Medicine - Importance of Treating the Whole Person: Mind, Body, Emotions & Spirit." - Kimspirational, Moncton. December 5th, 2014.

"Naturopathic Medicine - An Unique Approach to Health" - @ Le Talking Tree, Shediac Park Market. August 10th, 2014.

"A Naturopathic View on Acid/Alkaline Balance and Health: What is the root cause?" - Moncton Vegetarian Association. June 23rd, 2014.

"A Naturopathic Perspective to Improve Energy, Sleep, & Mood: Keeping Teachers Healthy" - High School Council Executive, Teacher Wellness Event for Local Teacher @ Bernice MacNaughton. May 10th, 2014.

'Skills of Healing' Cancer Weekend Retreat - Sackville, NB. Facilitator with Dr. Rob Rutledge and Dr. Timothy Walker. April 25-27, 2014.

"Naturopathic Medicine - Getting to the Root Cause of Health" - @ City of Moncton. April 23th, 2014.

"Naturopathic Medicine - An Unique Approach to Health" - @ Coliseum, Moncton Public Works. April 23th, 2014.

"Integrating Naturopathic Therapies in Breast Cancer Care" - @ YMCA Breast Cancer Support Group. Tuesday, January 14th, 2014.

"Integrating Naturopathic Therapies in Prostate Cancer Care" - PCCN Greater Moncton Prostate Cancer Support Group - @ YMCA. November 6th, 2013.

"Naturopathic Approach to Parkinson's Disease" - Parkinson's Disease Support Group - @ Holy Family Catholic Parish Hall. November 5th, 2013.

"What Naturopathic Medicine Can Offer You & Your Growing Family: Naturopathic Medical Care from Preconception to Pediatrics" Parent & Me Expo, Moncton. May 4th, 2013.

"Naturopathic Approach to Arthritis & Fibromyalgia." Arthritis & Fibromyalgia Moncton Support Group. March 26rd, 2013.

"Naturopathic Approach to Celiac Disease." Canadian Celiac Association, Moncton Chapter. March 16th, 2013.

"Naturopathic Approach to Inflammatory Bowel Disease." Crohn's & Colitis Foundation of Canada. February 21st, 2013.

#### Instructor:

Pathology & Nutrition: Canadian School of Natural Nutrition (CSNN) - 2013 to 2019. An Advanced Course in Detoxification (Advanced Nutrition Workshop): CSNN - 2013.



'Skills for Healing' Cancer Weekend Retreat - Facilitator with Dr. Rob Rutledge and Dr. Timothy Walker. 2013.

## **Times & Transcript Articles:**

Previous Times & Transcript columnist – now dedicated himself to his clinical practice.

### TO CONTACT US!

Email: <u>info@eastnd.ca</u> Phone: 506.830.8333 Fax: 506.830.8334

7 Alma Street Moncton NB E1C4Y2